



Order of Events

Friday 4/10/26

3:30 PM Coaches Meeting

FIELD EVENTS

4:00 PM

Javelin - Boys followed by Girls	(G-20m/65')(B-25m/82')
Shot Put - Girls followed by Boys	(G-8m/26')(B-10m/32')
Discus - Boys followed by Girls	(G-20m/65')(B-25m/82')
High Jump - Boys followed by Girls	(G-1.2m/3'11")(B-1.5m/4'11")
Long Jump(S pit) - Boys/Girls	Cafeteria Style
Triple Jump(N pit) - Girls/Boys	Cafeteria Style
Pole Vault - Girls followed by Boys	(G-1.85m/6')(B-2.45m/8')

RUNNING EVENTS

All events girls followed by boys unless noted

5:30 PM

4x800m Relay
100m Hurdles (Girls)
110m High Hurdles (Boys)
100m Dash
4x200m Relay
1600m Run
400m Relay
4x100m Dash
300m Low Hurdles (Girls)
300m Int. Hurdles (Boys)
800m Run
Football Relay(4x100)
200m Dash
3200m Run
4x400m Relay